

Research on the Relationship Between Dormitory Culture Construction and Student Management in Vocational Colleges

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Abstract: With the continuous changes in the educational environment of vocational colleges, the relationship between dormitory culture construction and student management has garnered increasing attention. Dormitory culture not only influences students' mental health and social skills but also profoundly impacts the effectiveness of student management. This paper aims to explore the definition and components of dormitory culture in vocational colleges, analyze the theoretical framework of student management, and investigate the interactive relationship between dormitory culture and student management. Through theoretical analysis and case studies, it is found that dormitory culture can effectively promote the implementation of student management, while a sound management mechanism can also support the construction of dormitory culture. This research provides a theoretical basis and practical guidance for improving student management levels and dormitory culture construction in vocational colleges.

Keywords: Vocational colleges; dormitory culture; student management; relationship research; theoretical framework

Introduction

In higher vocational education, students' comprehensive development is influenced by various factors, and dormitory culture, as an important component of campus culture, plays a significant role in students' growth and development. The construction of dormitory culture not only pertains to students' daily lives but also directly affects their learning attitudes, mental health, and social adaptability. Additionally, scientific student management provides institutional guarantees and support for the construction of dormitory culture. Therefore, researching the relationship between dormitory culture and student management in vocational colleges is essential for deepening the understanding of educational management and offers important insights for enhancing educational quality and student well-being.

1. Definition and Composition of Dormitory Culture in Vocational Colleges

1.1 Conceptual Definition of Dormitory Culture

Dormitory culture refers to the shared values, behavioral norms, and interpersonal networks formed by students within the specific living environment of dormitories through daily interactions, activities, and institutional frameworks. It encompasses not only the material environment of the dormitory (such as furniture and decorations) and the spiritual culture (including thoughts, beliefs, and customs) but also the habits, traditions, and collective activities created by students in their daily lives. The formation of dormitory culture is closely linked to the educational philosophy, management models, and individual backgrounds of students in vocational colleges, making it an essential component of the cultural system within these institutions.

Within dormitory culture, students develop a sense of identity and belonging through shared living experiences and interactions. This cultural atmosphere influences students' behavior and promotes their psychological well-being in both academic and personal contexts. The connotations and extensions of dormitory culture evolve with the times, reflecting students' values, lifestyles, and social adaptability. Therefore, in-depth research on dormitory culture is significant for optimizing management and

educational practices in vocational colleges.

1.2 Core Elements of Dormitory Culture

The core elements of dormitory culture primarily include the following aspects:

1.2.1 Value Concepts

Dormitory culture embodies students' fundamental views and perceptions regarding life, learning, and interpersonal relationships. These value concepts shape students' behaviors and influence their choices and decisions.

1.2.2 Behavioral Norms

Dormitory culture guides students' daily lives through shared behavioral norms, including living habits, a spirit of mutual assistance, and team awareness. These norms foster a harmonious atmosphere within the dormitory and enhance collective consciousness.

1.2.3 Interpersonal Relationships

Dormitory culture is built on the interactions and communications among peers. It promotes emotional connections and cooperation, forming a strong social network that provides psychological support and understanding for students.

1.2.4 Activity Forms

Dormitory culture enhances cohesion and a sense of belonging among members through a variety of collective activities, such as dormitory gatherings and sports competitions. These activities enrich students' extracurricular lives and provide a platform for fostering teamwork.

1.2.5 Environmental Atmosphere

Dormitory culture is also influenced by the dormitory environment, including spatial layout and decorative styles. These elements collaboratively create a positive and inclusive living atmosphere that facilitates better communication and personal growth among students.

1.3 Functions and Significance of Dormitory Culture

Dormitory culture plays multiple roles in the student management of vocational colleges, with its functions and significance mainly reflected in the following aspects:

1.3.1 Promoting Psychological Health

A positive dormitory culture can alleviate students' feelings of loneliness and anxiety, enhancing their mental health. It provides an environment of support and care that encourages students to share their inner feelings, strengthen emotional ties, and reduce psychological stress.

1.3.2 Enhancing Social Adaptability

Dormitory culture serves as a social platform for students to practice interpersonal skills and improve their ability to adapt to society. In this process, students learn how to manage relationships and enhance their communication skills, enabling better integration into society.

1.3.3 Increasing Learning Motivation

In an encouraging dormitory culture, students are more likely to be motivated, thus improving their academic engagement and performance. The mutual encouragement and study discussions among dormitory members effectively promote knowledge sharing and collaborative learning.

1.3.4 Facilitating Value Formation

Dormitory culture helps students establish correct values and worldviews through shared activities and communications, cultivating good moral qualities. Participation in collective activities enables students to grasp team spirit and social responsibility through practice.

1.3.5 Strengthening Collective Spirit

Dormitory culture encourages teamwork and a spirit of mutual assistance, enhancing students' collective spirit and contributing to a positive campus atmosphere. In such a cultural environment, students are more inclined to care for others, establishing close-knit relationships and fostering a virtuous

cycle of mutual support.

1.3.6 Improving Cultural Identity

Dormitory culture offers opportunities for students to develop a sense of recognition and belonging, promoting their identification with the school's culture. The shared memories and experiences formed during dormitory life enhance their sense of belonging and loyalty to the institution.

2. Theoretical Framework of Student Management in Vocational Colleges

2.1 Concept and Importance of Student Management

Student management refers to the systematic and comprehensive guidance and service activities that vocational colleges provide for students in areas such as academics, daily life, and psychological development. Its core objective is to promote students' holistic development and personal growth through effective management measures, ensuring a harmonious and stable campus environment. In the context of vocational colleges, student management not only involves traditional academic supervision and discipline maintenance but also emphasizes psychological health education, career planning guidance, and the cultivation of interpersonal relationships.

Effective student management can enhance students' sense of belonging and self-discipline, subsequently increasing their motivation and academic performance, thereby laying a foundation for cultivating high-quality applied talents. Additionally, student management includes the construction and maintenance of dormitory culture, creating a positive dormitory atmosphere that fosters students' social responsibility and collective consciousness. Managers should pay attention to individual differences among students and provide personalized support based on their varying needs to promote their growth more effectively.^[1]

Furthermore, modern student management should focus on the application of digital tools, utilizing information technology to improve management efficiency and interactivity. By establishing online feedback mechanisms to gather students' opinions and suggestions in a timely manner, management strategies can be better adjusted, enhancing students' sense of participation and satisfaction. Overall, a scientific and comprehensive approach to student management not only supports students' academic success but also establishes a solid foundation for their future development.

2.2 Basic Principles of Student Management

Student management should adhere to the following basic principles:

2.2.1 Student-Centered Approach

This principle emphasizes the importance of recognizing individual differences and needs, prioritizing students' psychological health and emotional development. Personalized management plans can enhance student satisfaction and participation. Specifically, managers should understand each student's background and interests to provide targeted support and resources that promote holistic development.

2.2.2 Democratic Participation

Encouraging student participation in the management process fosters a sense of ownership among students, enhancing their responsibility and self-management capabilities. Regular discussions and feedback sessions enable students to directly engage in management decision-making, cultivating their awareness of participation and social responsibility.

2.2.3 Scientific and Standardized Management

Student management should be grounded in a scientific theoretical framework and practical experience, establishing robust management systems and processes to ensure effectiveness and sustainability. This includes employing data analysis methods for management evaluation and continuously optimizing management strategies based on actual circumstances.^[2]

2.2.4 Coordination

This principle emphasizes collaboration among different departments to achieve organic integration of academic management, psychological counseling, career guidance, and other functions. Through inter-

departmental cooperation, a unified management framework can be formed, ensuring students receive consistent support and services across various domains.

2.2.5 Prevention-Oriented Approach

This principle stresses the importance of preventive education and activities to reduce the incidence of problematic behaviors among students, promoting positive development. This approach should encompass not only psychological health education but also training in life skills and emotional management, enabling students to better cope with challenges.

2.3 Main Models of Student Management

The primary models of student management in vocational colleges can be categorized as follows:

2.3.1 Traditional Management Model

This teacher-centered model primarily manages students through classroom oversight and disciplinary constraints. While emphasizing the enforcement of rules and behavioral standards, it can appear somewhat rigid in modern education. The lack of active student participation may lead to resistance and fail to stimulate intrinsic motivation.

2.3.2 Comprehensive Service Model

This model integrates academic, psychological, and daily life support services. By establishing roles such as counselors and psychologists, a specialized service team can meet students' diverse needs. This approach allows for personalized support tailored to individual differences, helping students address practical issues and promoting overall development.

2.3.3 Class Management Model

Through collaboration between homeroom teachers and class committees, this model enhances self-management and autonomy within classes. It emphasizes building class culture and organizing class activities to improve collective awareness and teamwork. Class activities can foster a sense of belonging and responsibility among students while enhancing communication and collaboration.

2.3.4 Network Management Model

Leveraging information technology and online platforms, this model facilitates online management and services. This approach enhances the efficiency and flexibility of communication, adapting to modern students' lifestyles. Online platforms enable real-time feedback, increase management transparency, and provide convenient learning and living support for students.

2.3.5 Participatory Management Model

This model encourages students to engage in management decision-making by establishing student representative organizations and regularly holding student forums. This approach enhances students' sense of participation and self-management abilities. It not only fosters students' awareness of democracy and responsibility but also improves the effectiveness of management measures, as student feedback helps managers adjust strategies in a timely manner to better meet students' needs.^[3]

3. Relationship between Dormitory Culture and Student Management in Higher Vocational Colleges

3.1 Influence Mechanism of Dormitory Culture on Student Management

Dormitory culture, as an integral part of student life in higher vocational colleges, influences student management through multiple levels. First, it creates a positive living environment that enhances students' sense of collective identity and belonging. This cultural atmosphere aids in improving students' self-management abilities and self-discipline, reducing the occurrence of undesirable behaviors, and further promoting campus order stability.

Second, dormitory culture fosters mutual support and cooperation among students. By establishing good peer relationships, it enhances students' resilience in the face of academic and life pressures. A positive dormitory atmosphere provides emotional support and assistance from roommates when students encounter difficulties, thereby improving their psychological resilience.

Moreover, the activities and traditions within dormitory culture effectively promote students' communication skills and social abilities, which in turn influence their mental health and emotional management. Through organizing cultural and sports activities, festive celebrations, and cultural exchanges, students not only relax but also learn how to express their emotions and viewpoints effectively, which is crucial for enhancing their interpersonal skills.

In addition, the diversity and inclusiveness of dormitory culture promote communication and understanding among students from different backgrounds, providing a foundation for campus harmony. A multicultural environment allows students to encounter diverse ideas and lifestyles, increasing their cultural identity. Such interactions not only help eliminate barriers but also cultivate students' open-mindedness and teamwork spirit, enabling them to better adapt to a diverse society in the future.

Finally, dormitory culture also plays a role in cultivating students' sense of responsibility. By encouraging students to participate in dormitory management and cultural construction, they gradually develop a sense of responsibility in both self-management and managing others. This sense of responsibility extends beyond dormitory life to classroom learning and social activities, thereby enhancing overall student quality and campus cultural levels. Through this comprehensive influence, dormitory culture plays an indispensable role in student management, promoting students' holistic development and fostering a harmonious campus environment.

3.2 Role of Student Management in Building Dormitory Culture

Student management plays a crucial role in the construction of dormitory culture. First, administrators should establish and standardize dormitory management systems, clarifying the value orientation and behavior norms of dormitory culture to promote the formation of a healthy and uplifting dormitory culture. These systems not only provide clear behavioral guidelines for students but also effectively guide them in establishing correct values and life attitudes, laying a solid foundation for the construction of dormitory culture.^[4]

Second, administrators should actively organize a variety of cultural and sports activities to enhance the cohesion and vitality of the dormitory. By holding events such as basketball games, talent shows, and cultural festivals, students can enjoy themselves while deepening their understanding and friendships with each other. The implementation of these activities effectively shapes dormitory culture, significantly enhancing students' sense of participation and belonging, and stimulating their enthusiasm and positivity towards dormitory life.

Additionally, student management personnel can regularly conduct evaluations and exchange activities related to dormitory culture, enabling timely identification and resolution of issues in cultural construction. Such evaluation activities not only motivate students to actively participate in creating dormitory culture but also promote continuous improvement and optimization through feedback mechanisms. Through evaluations, students can realize the importance of dormitory culture and find a balance between self-management and managing others, thereby fostering a positive dormitory atmosphere.

Lastly, student managers should value students' feedback and suggestions, utilizing democratic participation mechanisms to allow students to take an active role in dormitory culture construction. This participation not only enhances students' sense of responsibility and ownership but also injects new vitality and creativity into the cultural construction. By listening to students' voices, administrators can better understand their needs and expectations, thus formulating more targeted management measures. This interaction and communication mechanism promotes the sustainable development of cultural construction, making dormitory culture a collaborative process involving all students.

3.3 Synergistic Development of Dormitory Culture and Student Management

The synergistic development of dormitory culture and student management is an important avenue for achieving educational goals in higher vocational colleges. Firstly, dormitory culture provides rich cultural connotations and value guidance for student management, promoting shifts and innovations in management concepts. The diversity and inclusiveness of dormitory culture can inspire students' creativity, encouraging them to pursue higher goals in their studies and lives, which aligns closely with the direction of student management.^[5]

Secondly, effective systems and measures in student management feed back into the construction and development of dormitory culture, making it more standardized and systematic. During the

implementation of these systems, administrators can flexibly adjust management strategies according to the actual state of dormitory culture to ensure its vitality and adaptability. This interactive relationship ensures that dormitory culture is not merely a static presence but a dynamic process of development.

The synergy between dormitory culture and student management not only contributes to a positive campus atmosphere but also enhances students' overall qualities and abilities. Specifically, dormitory culture provides diverse learning and growth spaces, such as encouraging students to hold reading clubs and interest groups within the dormitory. Meanwhile, student management ensures the smooth execution of these cultural activities by providing resource allocation and policy support, allowing students to thrive in a conducive environment.

Through this interaction, higher vocational colleges can cultivate high-quality application-oriented talents that meet the demands of modern society, achieving a win-win situation for both dormitory culture and student management. Administrators should regularly organize evaluations and feedback on dormitory culture to understand students' needs and experiences, thereby further improving management measures. Additionally, students' sense of participation and belonging will promote the self-development of dormitory culture.

By establishing effective feedback mechanisms and regularly assessing the interaction between dormitory culture and student management, deeper integration of the two can be achieved, providing strong support for the sustainable development of higher vocational colleges. This not only enhances students' learning efficiency and mental health but also lays a solid foundation for cultivating high-quality talents. Therefore, the synergistic development of dormitory culture and student management is a long-term and strategically significant educational goal that deserves in-depth exploration and practice in higher vocational colleges.^[6]

Conclusion

This paper explores the close relationship between dormitory culture and student management in higher vocational colleges, revealing the positive impact of dormitory culture on student management and the important role of student management in building dormitory culture. Future research could further delve into specific practical cases, analyzing the successful experiences and challenges of different higher vocational colleges in dormitory culture construction and student management. Additionally, researchers should focus on the application of new technologies in student management and dormitory culture development to promote innovation and growth in the educational environment, ultimately providing richer support and diverse resources for students' holistic development, and achieving the goal of cultivating high-quality application-oriented talents.

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